

Sussex County 4-H is....

Fun!

Choose from over 100 projects and activities such as: Nature, gardening, horses, arts and crafts, cooking, raising a Seeing Eye puppy, sheep, rabbits, goats, dairy, beef, and many, many more!



Education

Public speaking skills—Learn how to speak confidently to a group.
Record keeping—Learn how to be organized and maintain important information.
Life long work skills—Learn about career opportunities and develop skills that will help you find a job.

Community Service

4H'ers make a positive difference in their communities by participating in activities such as visiting nursing homes, assisting animal shelters and cleaning parks.



Youth

4-H activities are available to students, grades 1-13 (one year out of high school).
4-H is for youth, wherever they live—on farms, in suburbs, in towns.
4-H Prep is for grades 1-3. Prep clubs provide a variety of short term activities in arts and crafts, nature, gardening, animal science, recreation, and more!

Adults

Adult encouragement and support is essential to keeping 4H'ers actively involved in the 4-H program. Adult volunteers are the key to providing quality 4-H programs. You can volunteer to lead clubs and/or assist with other 4-H activities. As a volunteer you'll receive training and have access to curricula specific to the 4-H project you're involved with—*no previous experience is necessary!*

4-H is a **community** of **young people** across America who are learning **leadership, citizenship** and **life skills.**

For additional information about 4-H or to join 4-H contact:

Dave Foord
4-H Program Associate
RCE of Sussex County
129 Morris Turnpike
Newton, NJ 07860
973-948-3040
973-648-5582 (FAX)
foord@rce.rutgers.edu

