



Alexandra Greci, MS, RD, LDN, CDCES

Alexandra (or Sandra as she likes to be called) is Family and Community Health Sciences Educator for Rutgers Cooperative Extension of Hunterdon County since 2006. She holds national certifications as a Registered Dietitian and Certified Diabetes Care and Education Specialist.

Sandra has completed the Academy of Nutrition and Dietetics Advanced training in Adult and Pediatric Weight Management. She is a Peer Leader for the Stanford Chronic Disease Self-Management programs and is a Certified CDC National Diabetes Prevention Program (NDPP) Lifestyle Coach, and Qualified Mindfulness-Based Eating Awareness Training (MB-EAT) instructor.

In her work as FCHS Educator in Hunterdon County, Sandra provides a variety of chronic disease prevention and health promotion programs for people of all ages. She facilitates interactive peer support groups for diabetes management and mindful eating. As an avid gardener, Sandra also enjoys using garden-based nutrition education with children and families to support healthy eating.