

FALL 2022

A partnership between Rutgers Cooperative Extension and Department of Health and Human Services, Division of Children and Youth Services

HUDSON COUNTY 4-H NEWSLETTER

4-H is a community of young people across America who are learning leadership, citizenship, and life skills.

RECAP OF SUMMER 2022: YOUTH URBAN FARM CLUB



Photo (left): Youth at Guttenberg Arts with certificates; (center) Youth presenting their final projects; (right) Youth at Urban Quack.

We had another successful year of Youth Urban Farm Club, in which over 65 youth ages 10-18 learned about gardening, composting, animal husbandry, urban agriculture, herbalism, and art. Our youth supported with beautifying their community, maintaining gardens and compost operations, creating art projects centered on plants, crops, and agriculture, learning to take care of farm animals in an urban setting, and meeting new friends! They also gained volunteer community service hours for their participation. Our exceptional adult volunteers from eight different sites provided a fun and supportive settings for our youth to enjoy a great summer outdoors.

Registrations for this program open again in April/May 2023!

RECAP OF 4-H STEM AMBASSADORS

After almost two years of virtual programming, 4-H STEM Ambassadors relaunched in person once again at our Rutgers New Brunswick campus in July, where 12 Hudson County youth engaged in learning from Rutgers scientists and engineers, participated in research projects, gained leadership skills, and obtained college readiness skills. Youth spent close to a week on campus exploring STEM, team building, visiting the various campuses, and much more. Youth were trained in various STEM activities and challenges, which they will teach to younger youth as part of their yearlong participation in the 4-H STEM Ambassador program.



Photo of 4-H STEM Ambassadors at Rutgers Gardens learning about bees.

Recruitment for this program opens up again next March 2023!

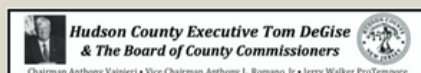
FALL 2022 FAMILY PROGRAMMING

4-H FAMILY LEARNING GARDEN AT LINCOLN PARK

The 4-H Family Learning Garden serves as an outdoor classroom, creating educational opportunities for youth and families to learn gardening skills that they may implement at home and in their communities. This summer, our Learning Garden hosted Youth Urban Farm Club and two youth clubs led by the Rutgers Environmental Stewards/ volunteers of Native Plant Society Hudson County Chapter. We also launched the Family Learning Garden Workshop Series, focusing on basics of gardening, nutrition education, and herbalism.

The 4-H Family Learning Garden has in store a few more FREE family friendly and hands-on workshops for the whole family. This fall, we will be facilitating three workshops to close the season. This will conclude our workshop series for 2022. Stay tuned for our 2023 free programming that will return in late winter!

REGISTER FOR FALL WORKSHOPS [HERE](#)



4-H FAMILY LEARNING GARDEN FALL WORKSHOPS



Free Family Friendly and Hands-on Workshops in the Garden

For more information and to register:
<https://go.rutgers.edu/un5zajbi>

**TAKE A TOUR OF THE
GARDEN OR SIGN UP TO
VOLUNTEER!**

Garden open hours are
Tuesdays (4 - 7 pm), and
Saturdays (10 am - 1 pm).

We are seeking to expand our
community of volunteers!

For more information or to
sign up for volunteering,
please contact our Urban
Gardener/Education
Coordinator Roxana at
rm1679@njaes.rutgers.edu.
OR just drop by the garden!



**DIY FIRE CIDER &
IMMUNITY HEALTH
WITH ROXANA
SATURDAY 9.17.22. 1PM**

**BOTANICAL PLANT
DYES
WITH TALITA
SATURDAY 10.1.22. 1PM**

**SEED KEEPING 101
WITH YAWATI
SATURDAY 10.15.22. 1PM**

Workshops are held at the 4-H Family Learning Garden inside
Lincoln Park, Jersey City
(near corner of Communipaw Ave & Route 440)
For more information contact Roxana at rm1679@njaes.rutgers.edu



Visit our website: <https://hudson.njaes.rutgers.edu/4h/>



Find us on Instagram: @hudsoncounty4h
For questions or more information on 4-H programs, please contact:

Claudia Urdanivia at hudson4h@njaes.rutgers.edu or 201-395-4789, ext. 4229

FALL 2022 PROGRAMS FOR YOUTH

4-H/FBCJC YOUTH BIRDING CLUB

Youth Birding Club returns this fall season! This program is a partnership between 4-H and the Feminist Bird Club, Jersey City Chapter and **geared for youth ages 10-14**. Experienced birders from FBCJC will engage youth to learn about birds and their habitats, bird identification, and data collection for citizen science projects. Youth will enjoy the outdoors at various parks in Hudson County. Open to youth ages 10-14 residing in Hudson County. Binoculars, notebooks, a birding guide, and snacks will be provided! Funding for this program is possible through Partners In Prevention and the Feminist Bird Club National.

REGISTER [HERE](#)

4-H TEEN COUNCIL

4-H Teen Council offers teens grade 8th-12th the opportunity to develop leadership skills, participate in community service projects, lead the direction of the club, take on officer roles, and join the network of 4-h youth across the state and beyond. Plus, you can gain community service hours! We will be kicking off Teen Council in person on **Sept. 29th** with the option to tune in virtually. No prior 4-H experience required.

REGISTER [HERE](#)

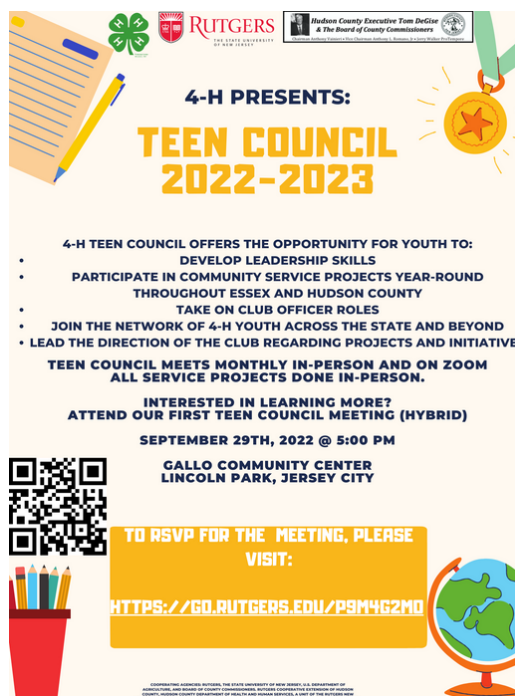


RUTGERS
New Jersey Agricultural
Experiment Station



Hudson County Executive Tom DeGise
& The Board of County Commissioners
Chairman Anthony Valeri • Vice Chairman Anthony L. Romano, Jr • Jerry Walker ProTempore

Pflier of Youth Birding Club



COMING WINTER 2022

The World Food Prize Youth Institute brings together high school students, teachers and experts to explore solutions to local, national, and global hunger and food security issues. Youth can participate by researching and writing a paper on a global challenge related to food insecurity. NJ 4-H will be leading a cohort for 2023.

Stay tuned for more info!

Visit our website: <https://hudson.njaes.rutgers.edu/4h/>



Find us on Instagram: @hudsoncounty4h

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